



GYM MEMBERSHIP



STUDIO MEMBERSHIP



SEMI-PRIVATE MEMBERSHIP



PRIVATE MEMBERSHIP



VIP EXPERIENCE

COMMITMENT TERM	12 months	3, 6 or 12 months	3, 6 or 12 months	3, 6 or 12 months	12 months
NUMBER OF MEMBERSHIPS AVAILABLE	50	100	75	75	10
Private 1/2 hour "On Boarding" session	✓	✓	✓	✓	✓
Unlimited access to Studio facilities during Open Sessions	✓	✓	✓	✓	✓
Free Monthly Educational Seminars	✓	✓	✓	✓	✓
Free Monthly Assessment Clinic	✓	✓	✓	✓	✓
Unlimited access to over 30 small group classes per week		✓	✓	✓	✓
Online Members Area for easy booking of sessions		✓	✓	✓	✓
Mindbody Connect mobile app for managing bookings		✓	✓	✓	✓
Set Semi Private / Private training sessions each week *			✓	✓	✓
Initial Health and fitness assessment MOT			✓	✓	✓
Monthly Re-assessment / Program Review			✓	✓	✓
Personal Diet & Nutrition & Lifestyle Program			✓	✓	✓
UR T-Shirt			✓	✓	✓
Free Unique Results Recipe Book				✓	✓
30 minute Goal Setting Session				✓	✓
Guaranteed Results				✓	✓
Monthly lifestyle coaching session with James St Pierre					✓
1 Hour Sports Massage per month					✓
Monthly 30 minute Nutrition Review					✓
UR Fitness Tracking Book					✓
Unique Results Branded Boxing Gloves					✓
Box of Organo Gold Black Coffee or Green Tea every month					✓
Forever C9 (9 day nutritional cleanse intro program)					✓
Monthly supply of Forever Aloe Vera Drinking Gel					✓
Monthly supply of Forever Living Nutrition Shake					✓

\* Depending on level of membership